EARLY RISING

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At first you were famously not good at it. You were coaxed, given cocoa, lectured a bit. On the morning of a journey they would gather you up And bundle you into the station wagon, asleep Or pretending sleep, among pillows and soft voices, While the car made its turnings through darkened places.

Later you found within yourself a scoutlike Hardihood, and it became a point of pride To be up and about before the world awoke, Crossing in darkness an unruffled lake, Cold air stiff in your face, the revved-up outboard Full throttle, with a full day's fishing up ahead.

Then it was books and mugs of tea and the search For knowledge—the milk jug on the windowsill Filling with snow, clock ticking, the scratch Of a fountain pen that moved trancelike in your hand. And from some far-off church the sound of a bell Profound as the unplumbed depths of Walden Pond. But now when you wake you are old. The years Come crowding back. When you get up, the boards creak Underfoot. You are the first to tread these floors Today. When you switch on the light you take the clock By surprise. You want a bell, but the air here is silent. The only church is the church of early rising.

If you could find the book you want to read Before the sky flames and the east goes apple green, You would find in it the poem you want to write. You would find there a bell, a lake, a boat, The clarity of first light and first manhood, The journey over still waters before dawn.



Two Blues

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Two blues—one called serenity, one looks like the gathering storm. I had a tube of each in my paintbox in art school.

Two blues, the bland and the profound. The ho-hum of a sky over Southern Californiayou could call it *bleu celeste* or Egyptian blue. Canaletto ground it out of lapis lazuli for his Venetian skies.

That other blue might have rendered the scary ocean depths off the Cape of Storms, the color of the sea in Winslow Homer's "Gulf Stream," terror in the black castaway's eyes almost blanked out with titanium white—

perhaps the same pigment Homer daubed on as turbulence atop the cobalt blue waves running battleship grey through the comfortless Gulf Stream. Sharks circle, knowing they will eat red meat when night falls.

Those two colors tutor us in disaster, at first as we have no hint of anything gone amiss, anything to threaten our obliviousness, our sense that life sparkles, that there is such a thing as a career, goals to be set and achieved.

Sometimes existence becomes a substance so depleted one says to oneself: If I can just make it across while the green walking light stays illuminated, then I'll walk halfway down the block one step at a time, watch the footing, then back to the apartment, make tea and, grasping the tray firmly with both hands, inch back upstairs.

Though surely existence is limitless the spirit's measureless reach, all the mind does, memory's scope and inside-outness. All that one understands now which one previously had not.

To look out at traffic, hear a taxi honk its horn, and not have to venture out into otherness.

Recovering from an accident where one is obliged to get both feet onto a step before moving down to the next, how enlivening it is on such a morning to sit by the radiator and read sentences like these:

> Drake had him beheaded alongside the gibbet from which Magellan hung his mutineers, Quesada and Mendoza, fifty-eight winters before. Wood preserves well in Patagonia. The coopers of the Pelican sawed the post and made tankards as souvenirs for the crew.

Two blues open the world. I'm almost glad I fell. How else would I be made aware of those realities the staff in the emergency room see nightly and gladly try to hide behind their talk of weekends and Valentine's Day? And these bruises on my face purple of the two black eyes rainbowing to the mood indigo Duke Ellington wrote about. Next an unsavory yellow like the rind of a gone-off Persian melon scattered among coffee grounds and empty *raki* bottles outside a waterside restaurant in Istanbul on the last day of August.

Burgundy blooms under my eyes like the velvet of a sultan's caftan, and then they glow with that red in the morning where sailors take warning.

